

East Wake Youth Football League

Rules and Regulations



The EWFL is a USA Football™ Heads Up Tackling Program

Rules

Since 1968, the EWFL has given young athletes across central and eastern NC the opportunity to learn youth football at a community level. Young athletes have joined our associated teams for years because of the track record for integrity, knowledgeable coaching, peak experience, and competitive play. Each year, the Rules Committee updates our league rules to maintain fair play and incorporates changes by the National Federation of High Schools to the football rules (www.nfhs.org).

The EWFL leadership includes the following members that serve on the League Board:

<u>Name</u>	<u>Position</u>	<u>Affiliation</u>
Len Boykin	Board (Football)	East Conference (Wendell)
Charles Collie	Board (Football)	West Conference (Durham)
Roy Lyon	Board (Football)	South Conference (Clayton)
Sharlene McDoe	Board (Cheer)	EWFL (Knightdale)
Stacey Smith	Board (Football)	EWFL (Fuquay-Varina)
Ryan Guinn	Board (Football)	North Conference (Wake Forest)

Rules are evaluated each offseason by the Rules Committee through submission by each of our affiliated members and voted upon by the League Board .

If you have a concern, comment, or have a proposed change to the league rules, please submit your request to your program director or directly to the league commissioner for consideration at director@ewfl-football.com.

The Rules Committee, facilitated by a Board Member, includes the following members that review rules requests each season as follows:

Jason Mangum	West Conference (Football)	Durham
Dexter Mitchell	East Conference (Football)	Knightdale
Sharlene McDoe	East Conference (Cheer)	Knightdale
Steve Perry	South Conference (Football)	Riley Hill
Bruce Parrish	West Conference (Football)	South Granville
Andrea Sloan	East Conference (Cheer)	Wendell

Revision Summary: Date/Description/By

September 24, 2015	Revised Durham home game start time from 10 a.m. to 9 a.m.	/SAS
April 24, 2016	Rules Revisions #2016-1 through 2016-8	/SAS
June 1, 2016	Rules Revisions #2016-11 & 2016-12	/SAS
June 1, 2017	Rules Revisions #2017-6(mod),8,9,11,12	/CHC
June 1, 2018	Rules Revisions #2018-2-6,8-13,15,&16	/LB

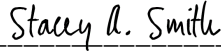
Rules and Regulations Authorizations

By signing below, you, as our leadership, do hereby agree to operate the league as duly represented in the following Rules and Regulations.


East Wake Football League, Inc.
Board of Directors

DocuSigned by:
 6/18/2018

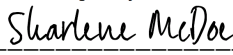
Charles Collie Date
Football

DocuSigned by:
 6/18/2018


Stacey Smith Date
Football

DocuSigned by:
 6/18/2018

Ryan Grimm Date
Football

DocuSigned by:
 6/19/2018

Sharlene McDoe Date
Cheer

DocuSigned by:
 6/18/2018

Len Boykin Date
Football

DocuSigned by:
 6/19/2018

Roy Lyon Date
Football

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Introduction

The East Wake Football League (EWFL) is made up of 19 organizations (township or community) in central and eastern North Carolina within a seven (7) county area. The EWFL was established circa 1968 and continues to provide youth football and cheer to our community annually. The EWFL will host 20 teams this year, each with three (3) divisions {Mini-Mites (8U), Mighty-Mites (10U) and Pee Wee's (12U)} ranging in age from six (6) to twelve (12). The League is divided into four (4) conferences for season play as follows: North, South, East, and West.

EWFL is an independent league and is governed by the rules of EWFL. The EWFL uses the National Federation of High School (www.nfhs.gov) rules with modifications outlined herein. The EWFL website can be located at www.ewfl-football.com.

League Entrance Requirements

Each town must have enough kids to fill all three (3) teams. Interested teams should complete an Expression of Interest (see **Appendix A** or www.ewfl-football.com for forms) and submit to the League Board of Directors by May 1st. Each interested team will be interviewed and issued acceptance or denial on or before June 1st by Board vote.

League Fees

The League entry fee is \$400 per organization (three (3) teams each). If an organization has two (2) squads (six (6) teams) such as Clayton (Blue and White), the discounted price will be \$700.

- A late league entry fee of \$100 up to 30 days after deadline.
- A returned check fee of \$25 per occurrence.
- A game protest fee of \$50 per event.
- A late roster (coach or team) revision fee of \$10 per occurrence.

Registration Schedule

Registration timelines are different in each town, but generally begin in June.

Football

Age is determined as of August 1st of the current season¹.

Teams	Ages	Weight Limit	Overweight Allowance
Mini-Mites	6-8	105 lbs	No Allowance
Mighty Mites	9-10	125 lbs	+ 10 lbs (see restrictions)
Pee Wee	11-12	150 lbs	+ 10 lbs (see restrictions)

NOTES:

1. Gym shorts and jersey are required to weigh in.
2. Players are allowed one (1) additional pound if games are played on Sunday (*in the event of postponement or rainout of Saturday games*)

Weight Restrictions

The overweight allowance (OWA) is restricted as follows:

- A maximum of four (4) OWA players are allowed on the field per team at one time.
- Each OWA player shall bear a prominent FLOURESCENT GREEN stripe on their respective helmet. The FLOURESCENT GREEN stripe shall be prominent and visible from the sidelines.
- OWA players may only play in positions between the ends (defensively in the "C" gap) including the tackle position. In the event an offensive end is not present, the OWA may line up in an outside shade. OWA players may not carry the ball and in any instance where an OWA recovers a fumble or intercepts the ball, the play is immediately blown dead. OWA players may not play in the linebacker position and must be down (3 pt or 4 pt) on defense. OWA players may not play on either Kickoff or Kickoff Return teams.

¹ A player that has a birthday on August 1st may be allowed to play (in the event that he is turning 13) however, a five (5) year old may not play.

Weigh In Requirements

A player shall weigh with a jersey and gym shorts at a minimum. A player close to the weight limit may weigh-in prior to normal team weigh-in by any coach, assistant coach or director of the opposing team on game day, so the player has the opportunity to have food and fluids after weight is made. Weigh in may not occur no earlier than one (1) hour prior the start of the 5th quarter game. In the event of playoff games, the hosting organization director (if of a different team), the EWFL Board or the opposing team's coach, assistant coach, or director may conduct a weigh in. If a site is hosting early and late playoff games, the rule applies to each set of games independently. *Example: A Pee Wee player may weigh in at the same time as the Mini or Mighty Mites or at the convenience of an opposing coach to witness the weigh in. If he does not make weight at this time, he may try again during the regular weigh in.* In general, the intent is to allow kids to weigh in as soon as possible on game day that are close to weight limits. Late weigh-ins may occur no later than the end of the 3rd quarter of the prior game. Weigh-ins at normal time or late weigh-ins are final whereby if the player does not make weight, he or she may not play.

Weigh In Violations

No Coach or Organization Director shall request an opposing team to approve a player who does not meet the weight requirement for his league. No coach or parent shall promote artificial weight loss products, dietary supplements (ie. diuretics, ex-lax, etc.), or artificial means of dehydration (plastic suits, trash bags, etc.). Any complaint of this nature should be forwarded to the Conference Commissioner, then the League Commissioner for resolution. *It should not be the practice of the league to promote any weight loss on game day, around the game fields, etc. Any weight management should occur between the participant and their family.*

A successful weigh in includes any fractional weight on a digital scale and/or a bouncing balance beam in a traditional scale. *For example, a mighty mite may weigh 125.9 lbs on a digital scale and/or when set to 125 lbs on a balance scale; the beam may bounce off the top of the bar but not stay for a successful weigh-in.*

Age Requirements

- A Pee Wee must not be 13 years old before August 1 of the current year. *If the birthday occurs on August 1st, a 13 year old is eligible to play.*
- A Mighty Mite must not be 11 years old by the same date.
- A Mini Mite must not be nine (9) years old by the same date. Mini Mites may be six (6), seven (7), and eight (8) years old.

The league does not allow five (5) year olds. However, if their sixth (6th) birthday falls on Aug. 1st, they are eligible to play.

Pre-Season Activities

Off Season Participation

The season for the league is defined as that period of time which begins with the opening date of practice (as called annually by the league) and goes through the last regular season, playoff, or all-star game. By defining the length of season, an attempt has been made to provide balance to the athletic calendar so that participants have an opportunity to compete in a variety of sports throughout the year. Therefore, the year may be considered in three (3) periods as follows:

- i. Regular Season (including playoffs and all-star games)
- ii. Dead Periods
- iii. Skill Development Sessions

Dead Periods: Skill Development Sessions are not allowed during the following periods:

- January 15, 2018 – February 28, 2018
- July 1, 2018 – July 29, 2018

Skill Development Sessions may occur during all other times subject to the following criteria:

- i. All skill development sessions must be voluntary and open to all students.
- ii. At no time may a coach require of any student off-season skill development sessions as a measure of continued participation on a team. Any coach who promotes the idea that taking part in off-season practice is required is blatantly out of compliance with the intent and purpose of this rule.
- iii. Skill development sessions are not restricted in the number of participants on a daily basis.
- iv. During the summer, coaches are free to work with individual or multiple players, from their organization or their surrounding area, conduct practices, etc.

Practice

Organized practices shall begin on the first Monday of August of each season unless otherwise determined at the Director's Meeting. Therefore, registration and equipment shall occur prior to this date.

Conditioning

Each player must go through three (3) days of conditioning before shoulder pads are worn. One on one tackling may not happen until the 2nd Monday of August or after three (3) days of conditioning occurs. The first week of practice from Monday until Sunday shall be for conditioning only. No player to player contact, but the kids may hit blocking dummies and sleds.

Coach Training

The EWFL is a USA Football Heads Up™ Program. Under this program, all coaches must complete USA Football Youth Tackle training and become certified. Additionally, each organization must designate a Player Safety Coach (PSC) whereby he or she must attend and complete a one-day USA Football training session. Once the PSC satisfactorily completes the training, he or she, in turn, will hold a similar training session for all program coaches and an information session for the parents to educate on the importance of safety in football fundamental to the mission of USA Football. These requirements must be completed by July 30th and receive positive confirmation from the league to be eligible for practice or game participation.

Background Screening

Mandatory background screening of all coaches, assistant coaches, and directors is required to participate in the EWFL on an annual basis. Background screens shall remain valid throughout each season (ie. renewals shall occur before each season and shall not expire during the season). Each township shall be required to submit background screens in accordance with National Council of Youth Sports (NCYS) Recommended Guidelines: The Gold Standard of Best Practices for Background Screening and Managing Risk In Non-Profit Youth-Serving Organizations (www.ncys.org) before the subject person is allowed to participate in program activities, practices, and/or games as coach or director. All returning coaches shall complete annual screen renewal by July 30th and submit to the league for approval.

The NCYS Screening Criteria is repeated (for simplicity) below:

The original source of the following criteria is that which is used in the PROTECT Act by the FBI and the National Center for Missing and Exploited Children. The criteria have been adapted to meet the needs of nonprofit youth-serving organizations.

Reportable convictions for, disclosures of convictions for, and pending dispositions for any of the following criminal offenses, or registrations will

prompt a determination that an applicant does not meet the criteria (or should be reviewed) for participation to serve a youth-serving organization:

1. *Any felony (any crime punishable by confinement greater than one year)*
 - a. *Defined on the basis of exposure for the offense for which the defendant was convicted, pled guilty, pled nolo contendere or which is pending a disposition. If pled down, then the crime for which the defendant ultimately was convicted.*
 - b. *Defined as all crimes punishable by greater than one year in jail or prison, regardless of how characterized by jurisdiction. If range, alternate sentencing, or indeterminate sentencing, outer range greater than one year.*
2. *Any lesser crime involving force or threat of force against a person.*
3. *Any lesser crime of a sexual nature or classified as a sex offense including but not limited to “victimless” crimes of a sexual nature such as prostitution, pornography, indecent exposure; and crimes in which sexual relations is an element.*
4. *Any lesser crime involving controlled substances (not paraphernalia or alcohol).*
5. *Any lesser crime involving cruelty to animals.*
6. *Any sex offender registrant.*
7. *Any lesser crime involving harm to a minor.*

In the event, the league or an affiliated organization notifies the applicant that a negative background screen has been received. The applicant may simply accept rejection from participation with the league or an appeal may be requested to the league commissioner by email to director@ewfl-football.com.

Appeals will be heard by the rules committee with respect to the NCYS guidelines for a minimum history review of ten (10) years.

Certified Rosters

Team rosters are to be completed electronically and uploaded to the league cloud drive (“clearinghouse”) no later than Thursday before the first Saturday game (see Appendix A for forms). Each team shall also prepare a team verification book (“Team Book”) that contains each participants information including an acceptable government issued ID (see **Appendix A** or www.ewfl-football.com for forms). Acceptable ID’s shall include: a valid US Passport, a state issued DMV Photo ID, or a US Military issued Photo ID. Each organization shall have access to the team rosters (through the clearinghouse) for download and use during weigh-in. The Team Book shall be used for game day verification in conjunction

with the declared team roster. Copies of Photo ID's and substitute rosters may not be accepted. Participants without valid ID may not play on game day.

Late Player Additions

To add a player to the roster after the first game requires the Organization's Director to upload a revised team roster to the league cloud drive ("clearinghouse") and to update the Team Book by Thursday prior to the Saturday game in order for the player to be eligible for that game.

Final Roster Deadline

No player can be added after the second game of the season, except for a Mini Mite player to be added to the Mighty Mite roster or a Mighty Mite player to be added to the Pee Wee roster. Once a player elects to play up a division, that player may not be allowed to move back down for the remainder of the season. No player can be changed on any roster without approval. A copy of the certified roster (signed by the Commissioner) shall be available at all games.

Player Transfers

Once a child signs up to play with a team and practices with that team for one week, he shall not be allowed to switch teams to another town unless the Area Director is notified through disclosure form and approved by the League Commissioner (see **Appendix A** or www.ewfl-football.com for forms).

Coach Transfers

If a Director, Board Member, Coach, or Assistant Coach leaves an EWFL affiliated organization and joins another affiliated EWFL organization, that Director, Board Member, Coach, or Assistant Coach may not participate in a position of leadership with the new organization for at least one season (ie. the subject person must "sit out" one season before returning to coaching). Alternatively, a waiver may be granted mutually by both organizations that allow a leadership transfer, subject to EWFL Commissioner approval.

Recruiting

Recruiting of players from other programs within the EWFL shall NOT be tolerated. Recruiting shall be as defined as undue influence as referenced Section 1.3 of the current edition of the NCHSAA (North Carolina High School Athletic Association) Handbook. Specifically sections 1.3.1, 1.3.2, and 1.3.4 state whereby “school” shall be replaced by “organization” and “student-athlete” shall be replaced by “participant”:

- *(Section 1.3.1) No student shall be subjected to undue influence by an individual or group of individuals to induce or cause him to transfer from one school to another for athletic purposes.*
- *(Section 1.3.2) If allegations of recruiting are made against a school, the burden of proof in substantiated form must be borne by the accusing party.*
- *(Section 1.3.4) For the purposes of this rule, “undue influence” consists of actions taken for the purpose and intent of soliciting or encouraging the enrollment of a student-athlete in a school, including but not limited to the following:*
 - a) *Initiating or arranging communication or contact of any sort (letters, email, phone, etc.) with a prospective student-athlete or member of his or her family;*
 - b) *Visiting or entertaining a prospective student-athlete or member of his or her family;*
 - c) *Providing transportation or arranging for same for a prospective student-athlete or member of his or her family to visit a school or meet with anyone associated with a school;*
 - d) *Providing verbal or written, slide, film or tape presentations to a prospective student-athlete or member of his or her family which states or implies that a school’s athletic program is superior to that of any other school with the purpose or intent of soliciting or encouraging the enrollment of the student in that school, or that it would be advantageous for any prospective student-athlete to participate in athletics at that member school as opposed to any other school;*
 - e) *To use non-school athletic teams as a vehicle to solicit or encourage a prospective student-athlete or a member of his or her family to enroll the student-athlete at a different school.*

Middle School Play

If a player plays football for the middle school, that player may not play for the East Wake Football League. The penalty for having a player that is on a Middle School roster shall be as follows:

- the head coach will be suspended;
- the team will forfeit the season; and
- the child may not play in the EWFL.

Sportsmanship

The East Wake Football League endorses sportsmanship “codes of conduct” by USA Football whom have developed the following to help youth football organizations communicate what is expected from youth football’s three major participants: Athletes, Coaches, and Parents.

Athletes Code

1. I am accountable for the results of my behavior toward my teammates, coaches and game officials.
2. I will respect other players (including my teammates and my opponents), coaches and game officials at all times. When I score a touchdown, I will simply hand the ball to the official before celebrating with my teammates.
3. When I make a great play, I will not embarrass my opponent.
4. I will honor the sport by playing within the rules during games and practices.
5. I will respect the game and not use foul language at any time.
6. I agree to put my team first and put forth my best effort on the field in support of team goals.
7. I agree to give my best effort in the classroom and listen to my teachers.

Coaches Code

1. I agree to conduct myself in a positive manner toward my players, coaches, parents and game officials at all times.
2. I will respect players, coaches, parents and game officials at all times.
3. I will develop a coaching philosophy that embraces fundamentals, organization, life lessons and friendships versus a “win at all cost” mentality.
4. I will remember that kids register to play football because it is fun. Every child should have the opportunity to play.
5. I will support and respect all decisions made by the game officials and refrain from outward criticism.
6. I am responsible to understand the rules of the game and abide by those rules at all times.
7. I will support the integrity of the game and make game decisions in line with fair play and sportsmanship.
8. I am responsible for completing my coaching education requirements and teaching the proper fundamentals.
9. I will create a safe and positive environment for my players to learn how to play the sport.

10. I will listen to my fellow coaches and players regarding player safety, and when in doubt, I will sit them out of play.
11. I will honor the game and my responsibility as a coach to provide a positive experience for my team.
12. I shall dress neatly and appropriately for every team practice and game.

Parents Code

1. I agree to support our team in a positive manner and showcase good sportsmanship toward all players, coaches, parents and game officials.
2. I will respect the coaches' commitment to coach my child and will not interfere with on-field instruction during practices or games.
3. I will address any concerns with the head coach in private, away from the field and in a positive manner.
4. I will support the coaches and do my best to ensure that my child arrives at practice and games on time.
5. I will teach my child to play by the rules and respect teammates, opponents, game officials and coaches.
6. I will cheer for our team in a positive manner regardless of the outcome of the game.

In-Season Activities

Host Site Responsibility

Host site shall furnish and support the following:

- Scoreboard/Clock: There must be an easily visible electrical scoreboard and clock mounted at the playing field.
- Approved set of scales: An approved set of scales shall be considered any scales that can be adjusted to weigh 100 pounds when a weight or weights totaling 100 pounds is placed on them. Both the visiting and the home team shall furnish a weight of 50 pounds. If one of the teams does not have their 50-pound weight, the scales shall be adjusted to the 50-pound weight provided. If the home team has two (2) 50-pound weights or a 100-pound weight, the scales shall be adjusted to the 100-pound weight. Weights must have a certified stamp on them.
- Footballs: The following footballs (or league approved equivalent) shall be used for the league. Game balls shall be leather or composite only. No rubber balls shall be allowed. The visiting team may also alternate their football during play.

Manufacturer	Mini-Mite	Mighty-Mite	Pee Wee
Rawlings	ST5 PEE WEE	ST5 JUNIOR	ST5 JUNIOR
Baden	Pee-Wee	Junior	Junior
Nike	Spiral-Tech 1000 Pee Wee	Spiral-Tech 1000 Junior	Spiral-Tech 1000 Junior
Riddell	RDP	RDJ	RDJ
Spalding	Mitey Mite	Junior	Junior, Youth
Under Armour	Pee Wee	Junior	Junior
Wilson	K2	TDJ	TDJ

- Security: One (1) uniformed police officer or deputy sheriff must be supplied. A rescue squad is encouraged for home games.
- Fence: There must be a fence around the playing field or track to prevent parents from wandering too close to the field. A fence is considered a permanent fence or a temporary fence made of rope, orange grid, etc. so long as it serves as a barrier to prevent unauthorized persons from entering the field of competition.
- Concession Stand: Each host site shall offer a concession stand that serves food and drink. Menus and prices are at the discretion of the host site.
- Gates: Gates shall open at home fields at 3 p.m. on Saturday and at 12:30 p.m. if the game has been moved to Sunday. Alternative schedules may be approved by the League Commissioner.
- Referees: Paid officials must be employed for each game. There must be one (1) licensed official for each game. If not, the Referee Coordinator and League Commissioner must be notified. If an official cannot be obtained for the game, the game must be rescheduled. If there are three (3) officials they are to be paid \$165 each, if there are four (4) officials they are to be paid \$135 each. If less than four (4) officials are present, however, please notify the League Commissioner.

Gate Entrance

Admission shall be \$5.00 for adults (19 and older). School age admission is \$2.00 (6-18). Preschool age is admitted free (anyone under age 6). Up to 30 Coaches, players, cheerleaders and team moms shall be admitted free to all away games in which they participate. One designated director for each organization and the EWFL commissioners shall be admitted free to the game. *Home team shall have a certified list of coaches at each gate entrance for those who shall be allowed in for free. These lists can be found through the EWFL shared drive (via your program director). A program shall use good judgement in determining the total gate passes for the entire game day; host programs count on tickets sales to offset game day expenses.*

At the entrance, each organization is encouraged to post the following statement:

This ticket of admission confers upon the ticketholder a license for entry to this individual event. This license is conferred subject to the ticketholder's compliance with all East Wake Football League ("League") Rules and Regulations. The League expressly reserves the right to revoke this license at any time upon ticketholder's non-compliance with said Rules and Regulations.

Coolers Prohibited

No coolers or outside food allowed except team coolers for players and cheerleaders.

Amplified Devices

Amplified devices are prohibited at all games and are considered unsportsmanlike. Amplified devices are considered such items as powered megaphones, compressed air horns, battery operated noise makers or other similar items that project noise and voice above normal levels. Non-assisted (electrical, battery, etc.) devices such as cowbells, etc. are acceptable. *Please also note the use of whistles in the stands is unsportsmanlike conduct under the NFHS rules. The home team announcer and PA equipment is not subject to this rule.*

Gate Passes

A parent may go to their car by the judgment of the gate personnel, but teenagers and kids shall not be allowed to run in and out of the gates.

Game Cancellations

If conditions warrant, the home coach may cancel a game at least four (4) hours before game time. Rescheduling shall be at the convenience of both coaches involved and the Commissioner.

The Commissioner and officials are to be notified immediately of any cancellations. If home team field is closed on Saturday and visiting team can supply a field, the game shall be played at the visiting site. Original Home team shall be required to man the entrance gates and shall receive all revenue from gate. Visiting team shall be responsible for concessions and shall receive full

concession's revenue. All revenues are net of any expenses. The cost of the officials and security shall be split between the two (2) townships.

A game day forfeit whereby advance notice is not provided to the visiting team, and the league commissioner, shall be considered a violation under the league enforcement rules and the forfeiting team will be responsible for all game day expenses incurred by the home team.

Game Requirements

Shoes

Football shoes or all-purpose shoes with rubber cleats are the only approved footwear. (No metal cleats allowed).

Fields

All games shall be played on an eighty (80) yard field.

Game Times

The following schedule shall be generally followed with exceptions approved by the League Commissioner:

- 5th Quarter Mini Mite games shall begin at 4pm.
- All Mini Mite games shall begin at 4:30 pm;.
- Mighty Mite games shall be ready for play at the end of the Mini Mite game, as soon as officials are ready for play
- Pee Wee games shall be ready for play at the end of the Mighty Mite game, as soon as the officials are ready for play.

If a team forfeits a game, the next age group shall have 40 minutes until their game starts.

Game Duration

There shall be four (4) quarters of ten (10) minutes duration. There shall be a ten (10) minute halftime and (2) minutes between quarters for the Mighty Mite and PeeWee teams. There shall be four (4) quarters of ten (10) minutes duration, ten (10) minute halftime and two (2) minutes between quarters for the Mini Mite teams. If there is a 5th quarter, the Mini Mites shall play four (4) eight (8) minute quarters. Any Mini Mite team with 20 or more players must play a 5th quarter.

If an organization does not have a 5th quarter team, it must notify the opposing organization 48 hours in advance of the division game. Otherwise, both teams

shall play the 5th quarter team with available players from the regular mini squad. If the organization does not agree to play the offending organization otherwise, it shall be considered a violation under the league enforcement rules and will apply to the Mini game thereafter. *Alternative formats (in the event notice is not provided) should be considered such as 9 on 9, 8 on 8, 7 on 7 and so on to allow all kids to participate in pre-game. The organization directors and coaches shall agree on format to facilitate game day.*

Teams are allowed 15 minute halftimes during their homecoming games each season.

Rosters

Each coach must obtain (download) the opposing team's roster from the league cloud drive ("clearinghouse"). If a team does not have a roster posted to the league clearinghouse, the team shall forfeit the game. Game forfeiture rules apply. The game may still be played under forfeit as an exhibition game to avoid game forfeiture rules.

- Weigh-in shall begin for the Mini Mites at 3:45pm (if a Mini-Mite shows up at 4:25, the coach from the opposing team shall have the right to refuse to let him play).
- Weigh-in for the Mighty Mites shall begin at the halftime of the Mini Mite game.
- Weigh-in for the Pee Wees shall begin at the halftime of the Mighty Mite game.

Any player whose name and correct number does not appear on the team roster, or who does not weigh-in: prior to the kickoff (Mini Mites) or prior to the end of the Mini Mite third quarter (Mighty Mites) or prior to the end of the Mighty Mite third quarter (Pee Wee), shall not be eligible for the game. A player not meeting the allowed weight at the official weigh-in shall remove his shoulder pads in order to remain on the player's bench.

Game Play

If a team is not ready to begin the game at the start time, the official shall throw a flag for a technical, unsportsmanlike conduct.

Rules

EWFL plays by the National Federation of High Schools (www.nfhs.gov) rules with the following exceptions:

Clock

The game clock shall be applied under Jr. Varsity rules whereby the game clock starts as soon as the chains are set *versus on the snap of the ball*.

Coach on the Field

Only one (1) coach is allowed on the playing field during the Mini Mite game. The coach must remain ten (10) yards back from where the ball is placed for play. If the coach does not adhere to rule, the league may revoke “coach on the field” privileges for the remainder of the season.

Sideline Personnel

The only people allowed on the sidelines are coaches and other approved personnel (trainer, managers, Team Mom, Team photographer(s), water boy(s), etc), football players, cheerleaders, cheer coaches (team mom, teen, etc) sponsors, and chain gang. Press people must remain behind the fences and off the sidelines. The intent of this rule is keep spectators and unauthorized personnel off the field. The Head Coach is responsible for maintaining the conduct of sideline personnel and will be held accountable for any violations. *Each Coach, Assistant Coach, and Director is ENCOURAGED to wear the USA Football certification badge.*

Chain Gang

Chain gang must be at least 13 years old, and shall be placed on the Home side of the field. There is to be no cheering or coaching from the chain gang.

Scoring

Touchdowns are six (6) points. Extra points are one (1) point if scored by running, passing or kicking from the two (2) yard line or two (2) points from the four (4) yard line (running or passing only). The team scoring a touchdown must immediately signal to the official if they are going for one (1) or two (2) points.

Kickoff

Kickoff shall be made from the thirty (30) yard line. Kickoff after safety and/or touchback shall be from the twenty (20) yard line. There shall be no kickoff for the Mini Mite teams. The ball shall be placed on the forty (40) yard line for kickoff only.

Mercy Rule

Once a team gets 28 points ahead, the regular game shall end and the score recorded with a “mercy rule” designation “MR” beside the score. At this point, the remaining time in the game shall be managed to allow all players to participate. The clock shall be fast running where no stoppage may occur with the exception of half-time, official time out, or team team out. Following the ensuing kickoff (with the exception of the Mini Division where it will follow the PAT), there will be an official timeout to stop the game. Both opposing Head Coaches shall shake hands and meet on the field and make necessary adjustments to personnel to satisfy the intent of this rule. *The intent of this rule is allow kids to play and to gain additional game experience in an atmosphere removed of team motivation of winning or losing. In this case, the winning team will have no chance of losing due to comeback and the losing team has no chance of winning in a come from behind victory. The game is simply instruction at this point.*

Penalties

All fifteen (15) yard penalties shall be ten (10) yards. Five (5) yard penalties shall be five (5) yards.

Blitzing

This rule applies for Mini Mites only: There shall be no blitzing. No more than seven (7) players on line. Linebackers shall play three (3) yards off line. All linemen must be

down in a 3 or 4 point stance. The center is PROTECTED and may not be hit until after the *QB-Center Exchange* has been completed.

There shall be one offensive warning. The warning shall result in a five (5) yard penalty.

**** Defensive ends may stand up****

Punting

This rule applies for Mini Mites only: The Mini Mite coach shall tell the official that they are going to punt. This can occur from anywhere on the field and at that time, the defense is not allowed to rush the punter. Once the ball is kicked, it shall be down where it stops or if the receiving team catches the ball. If the receiving team catches and fumbles the ball, the ball is dead at the point of contact. If the ball hits an offensive lineman, the ball shall be placed at the previous spot of play. If the defensive team rushes the kicker, this shall be a ten (10) yard penalty and automatic 1st down.

For example:

- *Punt is caught, the ball is placed at point of reception.*
- *Punt is not caught , the ball is placed where ball comes to rest.*
- *If a punt catch is attempted but not caught, the ball is placed where receiving team touched the ball or where the ball came to rest, whichever is more favorable to the punting team (i.e. if the receiving team attempts to catch the ball and it rolls forward, no yardage is gained).*

Safety

This rule applies for Mini Mites only: In the event a safety occurs during the game, all NFHS rules apply. Since the field is an 80 yard field and there is no kickoff, the ball shall be placed on the opposing team's 30 yard line and the scoring team shall be returned the ball.

Winner Declared

All regular season and playoff games must result a winner unless it is a nonconference game, then both head coaches may agree to end in a tie. In the event of a tie at the end of regulation game, high school rules shall be used. That is, the score shall be broken by placing the ball on the defensive team’s ten (10) yard line and giving them four (4) downs to score. The ball shall change hands and give the other team the same opportunity. This procedure shall continue until there is a winner. A flip of a coin shall decide the defensive team for first four (4) downs of overtime play.

League Champion

The team in first place at the end of the regular scheduled games shall be declared the League Champion. In case of a tie or ties for first place, a championship trophy shall be presented to each team tied. A second place trophy, smaller than the first place trophy, shall be presented to the second place team even if there is a tie for first place. If there is a tie for second place, a trophy shall be presented to each team tied.

Playoffs

Each season the EWFL hosts a league playoff in each division to determine the League Champion. The league consists of four (4) conferences whereby each conference champion gains an automatic bid to the playoffs. The playoff selection process is as follows:

Conference Finish	Playoff
#1	Automatic (including ties)
#2	Automatic (unless tie breaker is necessary)

Any ties during conference play shall be decided primarily by head to head matchup and secondarily by a draw.

Any other scenarios not specifically mentioned above shall be determined by league vote in a joint directors meeting at the end of the regular season.

Protests

Any parent, volunteer, or coach bringing a protest before the League must follow a chain of resolution (in order) as follows:

1. Submit Complaint to the Organization's Director.
2. Appeal Complaint to the Conference Commissioner.
3. Appeal Complaint before the League Board.

All complaints that reach appeal to the Commissioner level must attach a \$50 protest fee. Verbal notification must be made to the Conference Commissioner within forty eight (48) hours of the protest. The Commissioner must receive written notice or by electronic mail of protest within five (5) days. The opposing Director should be notified as soon as possible by the protesting Director and by the Conference Commissioner.

Protests regarding an official's call or judgment will not be considered. All games shall be considered final at the end of the contest with the exception of coach, team, or organizational infractions that may warrant a forfeit. A form may be submitted to the League regarding any feedback (positively or negatively) by completing the Game Official Feedback Form (see **Appendix A** or www.ewfl-football.com for forms).

Enforcement

Compliance with league rules, policies, and moral standards is not only mandatory but shall be the focus of each and every parent, coach, and director within the league. Non-compliance to these rules shall be considered at the discretion of the Board, the League Commissioner and the Rules Committee.

The League may reprimand, require education, suspend, or remove the organization or individual whom is found guilty of any non-compliance with rules and regulations;

The League may levy a monetary penalty not in excess of one thousand dollars (\$1,000).

Before imposing and assessing enforcement actions, the League through the Rules Committee, shall, as a part of its deliberation, take into consideration the following factors:

1. The nature, gravity, and persistence of the particular non-compliance;
2. The appropriateness of the imposition of a monetary penalty when considered alone or in combination with other punishment;
3. Whether the non-compliance(s) were done willfully and maliciously; and
4. Any other factors which would tend to either mitigate or aggravate the non-compliance(s) found to exist.

During game play, enforcement falls under the responsibility of the game officials. The EWFL uses the North Carolina High School Athletic Association (NCHSAA) Officiating Department to coordinate and schedule officials for each league contest. Each official used in league play must be qualified and meet NCHSAA educational requirements. In the event of any disqualifications, ejections or other unsportsmanlike activities cited during a game by the official, the EWFL follows the policies of NCHSAA at the link below:

http://www.nchsaa.org/sites/default/files/attachments/Ejection%20info%20from%20handbook_0.pdf

All unsportsmanlike or ejections reported by the game officials to the league will be reviewed by the rules committee in the event further league enforcement is warranted.

Cheerleading

Season Duration

The East Wake Cheerleading season officially begins July 30th and ends with the regular football season. No cheerleading squad may begin practice before this date. Any squad beginning prior will not be allowed to compete in the East Wake Cheerleading Competition (if applicable) for that year.

Tryouts Prohibited

Holding tryouts for participation in this league is not permitted. If your organization has a limited number of uniforms you may set a reasonable maximum limit. Registration is up to your own rules and requirements, but it is suggested as follows:

- Returning cheerleaders have first choice for a spot;
- Siblings of returning cheerleaders have second choice; or
- Any spots left at this point are open to the public on first come basis.

Age Range

Age requirements for cheer match football and are as follows:

- Mini Mites 6-8 years old
- Mighty Mites 9-10 years old
- Pee Wees 11-12 years old
- Mascots Recommended age 4-5 at Organization's discretion.

Participants may be under the age requirement for a squad but not over.

Co-ed Cheer

Cheerleading squads are not considered co-ed however each squad can have up to two (2) male cheerleaders. The male cheerleaders must adhere to the same age requirements as the girls. There will be no Mini Mite to Pee Wee advancement for any cheerleader. All exceptions must be reviewed and approved by League Director and League Assistant

Director. ****First Time cheerleaders MUST cheer on their age-appropriate squad. If an 8 yr old has cheered 1 yr for your organizations, then they can move up one level. 5yr old mascots will be allowed to move up to Mini Mite Squads and participate in Cheer Explosion. Cheer Directors shall ensure that all squads are age appropriate. At the Cheer Director's discretion if moving up cheerleaders is needed it shall be based on age, skills, and parental consent.* ***

Practice

Cheerleaders may practice as long as your organizations allows per week. There is no time limit on practices.

Cheer Camps

Cheerleading camp may be held in addition to the above time limits for each squad with no time limit. **Each town is allowed to host a cheerleading camp open to the public prior to this date per football “dead period” policy.**

Cheer Requirements

1. **BIRTH CERTIFICATES** are required for all participants if a competition is hosted. Please keep these and make sure you have them on you at competition in case a participant is questioned.
2. There will only be a maximum of five (5) coaches and two (2) managers/teen helpers per team.
3. Stunt Safety Clinics will be run by certified Stunt Safety Instructor (*if applicable*). There will be two (2) clinics held in July/August of each season at the convenience of the instructor. *This rule shall apply if a Cheer Competition is held.*

Cheer Events

Each season the EWFL evaluates if a competitive based cheer competition is held or a recreational event. Cheer Competitions are competitive and Cheer Explosions are recreational non-competitive events. **During the 2018 Season, a Cheer Explosion will be held in November.**

Cheer Explosion (Non-Competitive)

Show case will be divided into two (2) categories. Small Division and Large Division. This will be decided at the October meeting based on the average number across the squads at each level: Mini Mite, Mighty Mite, and Pee Wee. Once you have been placed in small or large, even if a cheerleader drops out, the squad must stay in the category they were originally entered. Mascots to perform routine prior to the divisions.

*****Deduction for breaking the rule is listed within the rule. No deductions for cheer explosion. Applies only for competition. Please keep perspective of music selection and dance routine. Refrain from inappropriate music and dance choreography*****

Spirit/Dance

This division may consist of cheers, stunting, dance and tumbling which you may perform any way you choose. Stepping is not allowed. Coaches can cheer during crowd response cheers only. There is no minimum time limit. The maximum time limit is three (3) minutes. There is not a maximum time limit on the music as long as the whole routine does not exceed three (3) minutes.

Spotters

Adult spotters may be a part of the pyramid, they may assist as needed. The job of the spotter is to be present to prevent accidents.

Stunting/Pyramids

All pyramids must have two (2) side bases and a back base. When building your stunts you may not build higher than two (2) people high. (Meaning primary base should have both feet on the floor). Basket tosses are not allowed. No release moves. YOU MAY NOT STUNT OUTSIDE DURING Cheer Explosion; you will only be allowed to stunt during warm ups only. (See director-approved stunt list if any questions on stunts allowed.)

Mascots

Mascots may cheer during the season games and may sit with their team at the Cheer Explosion. They will be able to do an exhibition routine should the town decide to have them participate.

Props/Signs

Props are allowed but must be used during the routine. They are not allowed to be left on the edge of the mat without being used. Signs 16" x 20" or smaller are allowed and can be made of any material. Megaphones are not allowed to exceed (2).

Professional Assistance

NO PROFESSIONAL HELP!! You may not have your routines choreographed by a paid professional.

Attire

Cheerleaders must compete in full cheerleading attire. (no bare feet, accessories, etc). There will be no glitter (hair, body, face, etc) or bobby pins allowed for cheer explosion. Stud Earrings are the only approved earrings for cheer explosion.

Conduct

There should be an adult with each squad at all times. All participants and coaches should demonstrate good sportsmanship at all times.

Order of Participation

We will draw for order of participation and each team will receive ten (10) minutes (total for all three (3) squads) on the gym floor, prior to Exhibition for warming up. We will warm up in order of participation. If a Squad misses their assigned warm up time it will not be able to be made up.

Awards

Every team will a participant medal.

Cameras

Snapshot/video cameras are allowed.

Food

There is to be NO food inside the exhibition area or designated area for the cheerleaders. Hosting town should appoint a monitor for the appropriate locations to deter this from happening.

Music

There will be one boom box allowed per town in the event of an issue with the music on the sound system provided by the host town. If the music messes up, the performing squad will be allowed to start from the stopping point only with the use of the boom box. ******DJ will be behind the girls performing and coaches need to stand with the DJ to ensure music is playable. Directors are to ensure that all music is age appropriate for their towns. With cheer explosion there is no system in place to deduct points as would be for cheer competition. If in doubt about your music selection please ask.******

Host Organization

Hosting organization must participate in Cheer Explosion. That organization will not be considered to host again until it has gone through all other organizations.

Stunt Approval

There will be no verbal approvals on stunts. The League Cheerleading Director or League Assistant Director will have to see it to approve it. The existing stunt list is approved for the 2018 Cheer Explosion by all directors.

Notice(s)

THERE WILL BE A DEADLINE FOR ALL ACCUSATIONS, RUMORS, ETC. THEY NEED TO BE DIRECTED TO THE REGIONAL DIRECTOR AT THE VERY LATEST BY THE MONDAY PRIOR TO CHEER EXPLOSION. ANYTHING REPORTED AFTER THAT WILL NOT BE DISCUSSED.

These rules are made up and voted on by each director present at each meeting. Those directors present at the meeting may amend rules at each yearly meeting. Everyone is welcome and encouraged to be a part of this league. It is up to each Director to give copies of these rules to their coaches and make parents aware as well. **GOOD LUCK TO ALL!!!!!!**

League Brand

All member organizations represent the league in all of their actions and decisions. Therefore, please use good judgment in how your organizations show themselves in the off-season, in practice, and on game day. Furthermore, the league logo has been prepared to share our pride in our history. This logo has been made to all organizations in its unaltered state. Different variations of the logo may be allowed if approved by the League Commissioner, only. The files for the league logo are available by request.

Social Media

The East Wake Football League utilizes social media in an open and positive manner to support the league and its participating programs in the best interest of our individual participants. The uses of social media is solely at the discretion of the league whereby positive reinforcement and support is fundamental and primary. Any negative posts or comments under the sole discretion of the league shall be immediately removed and the posting offender shall be banned from future posts.

Meetings

The league will conduct meetings from time to time for purposes of the management of the league and for sharing of organizational and rule changes. Each organization shall be represented by their director or a responsible designee at each meeting. In the event, an organization may not attend a meeting and is not able to appoint a designee, it may assign a proxy to another organization or to the league commissioner. Absences from these meetings are discouraged and may result in your organization not being represented in league discussions and votes. Repeated absences from league meetings are grounds for dismissal from the league.

Contact Information

EWFL can be found on the internet at www.ewfl-football.com.

EWFL can be found on Facebook at: <https://www.facebook.com/ewflfootballleague/info>

EWFL Administration: Commissioner: Mr. Stacey Smith
 West Commissioner: Mr. Charles Collie
 East Commissioner: Mr. Len Boykin
 North Commissioner: Mr. Ryan Guinn
 South Commissioner: Mr. Roy Lyon
 Cheer Commissioner: Ms. Sharlene McDoe

Phone: 919-816-2575

Email: director@ewfl-football.com

Appendix A

Forms



For EWFL Use:
Date Received:
Approved: Yes or No

EXPRESSION OF INTEREST NEW ORGANIZATION

ORGANIZATION NAME: _____

ORGANIZATION CONTACT(S): _____

Name Email Phone

ORGANIZATION ADDRESS: _____

Street

City State Zip Code

ORGANIZATION WEBSITE: _____

ESTIMATED ENROLLMENT	MINI-MITE (8U) DIVISION	MIGHTY-MITE (10U) DIVISION	PEE WEE (12U) DIVISION	COACHES AND TEAM MOMS
FOOTBALL				
CHEER				
TOTAL				
Registration Opens:				

- Please describe the mission and basis of your program (ATTACH documents as necessary): _____
- Please describe the structure of our organization and directors (ATTACH documents as necessary): _____
- Please outline your anticipated budget for your inaugural season in the league and how funds will be secured (ATTACH documents as necessary): _____
- Please ATTACH a letter of support for adequate practice field space and home game locations consistent with EWFL standards. (i.e. Letter from High School Athletic Director, Contract for fields, Deeds for field ownership)
- Please ATTACH demonstration that proposed insurance coverages consistent with EWFL standards will be provided. (i.e. a copy of an insurance quote demonstrating proposed coverage, a letter from your insurance agent.)
- Please ATTACH demonstration that your organization is prepared to conduct criminal background screens on all volunteers. (i.e. a copy of an agreement with background screening services, or letter from screening service demonstrative service quote.)
- Please ATTACH demonstration that your organization is an USA Football Program. (i.e. a copy of your agreement with USA Football)
- Please acknowledge that your organization will require all participants to provide a NC DMV ID to participate in all league games.
- The new organization, if accepted, is requested at the next regular Director's meeting of the EWFL to present the directors, administrators, and board.
- The directors of the proposed organization must meet with the EWFL Board of Directors to review this EOI and present "readiness" to become a league affiliate. All new organizations must submit information by May 1st (or earlier) of each year.

The League reserves the right to approve or reject ANY Organization in its sole and absolute discretion. The Organization shall have no legal recourse against the League for the rejection of this expression of interest or affiliation with the EWFL.

THIS EXPRESSION OF INTEREST has been prepared to announce the willingness and interest of our organization to enter, join, and/or affiliate with the East Wake Football League, Inc. We have read the League Affiliation Agreement and the current EWFL Rules and are prepared to comply with all rules and requirements of the EWFL.

"Organization"

By: _____

Name: _____

Title: _____

Date: _____

PLEASE EXECUTE IN THE SPACE PROVIDED ABOVE AND SEND TO:

EAST WAKE FOOTBALL LEAGUE, INC.
ATTN: DIRECTOR, STACEY SMITH
615 WILLARD PLACE, RALEIGH, NC 27603
EMAIL: DIRECTOR@EWFL-FOOTBALL.COM



For EWFL Use:
Date Received:
Approved: Yes or No

AFFILIATION AGREEMENT

ORGANIZATION NAME: _____

ORGANIZATION EIN: _____ Non-Profit? YES ☐ NO ☐

ORGANIZATION CONTACT(S):

(Please denote the Director with an * or by)

Name Email Phone

Name Email Phone

Name Email Phone

ORGANIZATION ADDRESS:

Street

City State Zip Code

HOME GAME ADDRESS: _____

ORGANIZATION WEBSITE: _____

ESTIMATED ENROLLMENT	MINI-MITE (8U) DIVISION	MIGHTY-MITE (10U) DIVISION	PEE WEE (12U) DIVISION	COACHES AND TEAM MOMS
FOOTBALL				
CHEER				
TOTAL				

LEAGUE FEE: \$ _____ Attached ☐ Cash ☐ Check ☐

The League reserves the right to approve or reject ANY Organization in its sole and absolute discretion. The Organization shall have no legal recourse against the League for the rejection of this application.

THIS AGREEMENT, hereinafter referred to as "Agreement", effective as of this ____ day of _____, 20____, by and between the East Wake Football League, Inc., herein referred to as the "League", and _____, herein referred to as the "Organization". The Terms and Conditions on the subsequent page(s) of this Agreement are incorporated herein by reference. This Agreement, together with any attachments hereto issued pursuant to this Agreement, constitute the entire agreement between the League and the Organization.

"Organization"

By:

Name: _____

Title: _____

Date: _____

"League"

By:

Name: _____

Title: _____

Date: _____

PLEASE EXECUTE IN THE SPACE PROVIDED ABOVE AND SEND TO:

EAST WAKE FOOTBALL LEAGUE, INC.
ATTN: COMMISSIONER
615 WILLARD PLACE, RALEIGH, NC 27603
EMAIL: DIRECTOR@EWFL-FOOTBALL.COM

TERMS AND CONDITIONS

1. **INDEPENDENT ORGANIZATION** The Organization is an independent entity and not an agent or employee of, or partner or joint venturer with, the League. The Organization shall be solely responsible for the control and direct performance of the details of its program in accordance with this Agreement and the League Rules herein incorporated by reference, as may be revised from time to time. The Organization shall have sole control over, and be solely responsible for, its activities, including that of its directors, officers, employees, agents, or volunteers. The League has no right to control the Organization, and the activities of the League, including but not limited to enforcement of the League Rules, and the presence of the League or its directors, officers, employees, agents, or volunteers, do not, and shall not be construed to, give the League any right to control the Organization.
2. **TERM** This Agreement shall be in effect for a period of one (1) year from its effective date or through the period of any extension of this Agreement to which the League and the Organization may agree in writing, provided, however, that this Agreement (including any extension thereof) is not sooner terminated as provided herein.
3. **INSURANCE** The Organization shall carry at its' expense, during the term of this Agreement, the minimum insurance coverages set forth below:
 - A. Commercial General Liability Insurance with limits not less than \$1,000,000 each occurrence. Such insurance shall include coverage for contractual liability, premises liability, products-completed operations, personal and advertising injury, sexual abuse and molestation, property damage and bodily injury liability (including death). Policy shall be endorsed to name the League as an additional insured with respect to liability arising from the Organization's ongoing and completed operations. Policy shall also include coverage for participant liability, and liability arising out of the use of independent contractors, volunteers and temporary employees.
 - B. Accident and Health (A&H) Insurance covering all participants and officials in Organization's program, with limits not less than \$50,000 per participant for Accident Medical coverage and \$10,000 per participant for Accidental Death and Dismemberment (AD&D) coverage.

The Organization hereby waives all rights of subrogation which it or its insurers may have against the League and their respective directors, officers, employees, agents, and volunteers for any losses resulting from risks required to be insured against under Paragraphs A., B., and C. above. Policies shall be endorsed to reflect this waiver. All insurance policies shall be written by a fully qualified insurance company licensed to provide insurance in the State of North Carolina. An A M Best rating of at least A- VI shall be required. The Organization shall present the League with a certificate of insurance in proper form prior to starting performance of this Agreement, confirming compliance with the above requirements and providing that no coverage will be cancelled or reduced prior to advance written notice to the League.
4. **LIABILITY AND INDEMNIFICATION** All programs operated by the Organization pursuant to this Agreement shall be at the sole risk of the Organization. To the fullest extent permitted by law, the Organization shall indemnify, defend, and hold harmless the League and its directors, officers, employees, agents, volunteers, independent contractors, and indemnitees against liability for all claims, demands, causes of action, damages, penalties, fines, and liabilities, including but not limited to reasonable attorneys' fees, to the extent caused by the negligence of the Organization, its directors, officers, employees, agents, volunteers, or other persons or entities for whose negligent acts or omissions the Organization is legally liable. Further, to the fullest extent permitted by law, the Organization shall indemnify, defend, and hold harmless the League and its directors, officers, employees, agents, volunteers, independent contractors, and indemnitees against liability for all claims, demands, causes of action, damages, penalties, fines, and liabilities, including but not limited to reasonable attorneys' fees, to the extent caused by the Organization's breach of this Agreement. This provision shall survive termination of this Agreement. The indemnity obligations set forth in this paragraph shall not be limited by insurance requirements or by any other provision of this Agreement.
5. **SAFETY** The Organization shall be solely responsible for the safety of all programs operated by the Organization pursuant to this Agreement, including but not limited compliance with the League Rules, including but not limited to League Rules pertaining to coach training and background screening..
6. **BACKGROUND SCREEN** The Organization shall conduct background screening of all directors, officers, employees, agents, and volunteers in accordance with the League Rules as may be revised from time to time.
7. **USA FOOTBALL** The Organization shall be a member in good standing with the USA Football TM Heads Up Football program. The terms and conditions of the Heads Up Football program are available through the USA Football TM website and are incorporated in this Agreement by reference. Upon request of the League, the Organization shall provide written evidence that it is a member in good standing with the USA Football TM Heads Up Football program.
8. **FINANCIAL RESPONSIBILITY** The Organization shall be fully responsible for all costs and expenses of maintaining, supporting, operating, and marketing all affiliated programs operated by the Organization under this Agreement.
9. **FEES** The Organization shall remain in good financial standing with the League.
10. **RULES** The Organization shall adopt and abide by the League Rules, which may be revised from time to time. The League Rules, and any revisions, are posted on the League's website.
11. **WEBSITE** The League shall make available to the Organization button links, text links, and banner advertisements to be placed on the Organization's web site which shall direct users to League's web site via hypertext link. As an affiliated program, the Organization is given a limited term license, during the term of the Organization's active participation as an affiliated program, to utilize the League's logo images provided to the Organization on the website that the Organization designates in this Agreement. The League makes available to its affiliated programs, links, banners, and other information advertising its site to be used subject to the terms of this Agreement. These materials shall contain its trademarks and other proprietary property. The Organization may display these materials on the Organization's web site for the purpose of promoting the League's site and participating in this affiliated program. If the Organization discontinues the affiliation with the League or if the Organization's participation is terminated for any reason, the Organization shall immediately cease using these materials and shall delete all such materials from its website and from its computer. The Organization must obtain the League approval of all links to the League's site that the Organization places on its website.
12. **TERMINATION** The League, for its convenience, may terminate the Agreement at any time by written notice to the Organization which shall state the extent and effective date of such termination. If the League determines that the Organization is failing to fulfill the conditions or provisions of this Agreement, the Organization shall remedy such default within seven (7) days after receipt of a written notice of default from the League. If the Organization fails to cure the default conditions, or provide satisfactory evidence that such default shall be corrected, the League may terminate this Agreement.
13. **CONFIDENTIALITY** All information obtained by the Organization shall be strictly confidential and shall not be used for the benefit of the Organization or any affiliate, subsidiary, or parent company of the Organization, or disclosed to any third party, either during the Organization's affiliation or after its termination as an affiliated Organization, except as may be necessary in order to perform the requirements of this Agreement or as may be required by law.
14. **MODIFICATION AND ASSIGNMENT** This Agreement shall not be modified except by written modification signed by the League and the Organization. This Agreement may not be assigned without the prior written consent of the League.
15. **REPRESENTATIONS AND WARRANTIES** The Organization hereby represents and warrants to the League that the Organization has the complete power and authority to enter into this Agreement and that this Agreement constitutes a valid and legally enforceable agreement. The entry of this Agreement has been duly and validly authorized by all necessary corporate or other organizational actions and approvals. The Organization's entry of this Agreement is not prohibited by the terms of any document, is not contrary to any law, rule or regulations, and is not in violation of any court or administrative order.
16. **GOVERNING LAW** This Agreement is made in North Carolina and to the fullest extent permitted by law shall be construed and interpreted in accordance with the laws of the State of North Carolina, notwithstanding any choice of law considerations which might require application of the law of some other jurisdiction.
17. **LIMITATION OF LIABILITY** In no event shall the liability of the League, its directors, officers, employees, agents, or volunteers, for any alleged liability arising out of or pertaining to this Agreement exceed any insurance proceeds which are available to the League under any insurance policy of, or for the benefit of, the League at the time any claim against the League, its directors, officers, employees, agents, or volunteers is finally adjudicated or settled.



JERSEY NO:

PARTICIPANT VERIFICATION

ORGANIZATION NAME: _____

DIVISION:	 <p><i>The Photo ID must be original issue. No pictures, copies, or other facsimiles are allowed for game participation.</i></p>
NAME:	
JERSEY:	
AGE:	
PARENT/GUARDIAN:	
CONTACT PHONE:	
PARENT/GUARDIAN SIGNATURE:	

Age Requirements

- A **Pee Wee(12U)** must not be 13 years old before August 1 of the current year. If the birthday occurs on August 1st, a 13 year old is eligible to play.
- A **Mighty Mite(10U)** must not be 11 years old by the same date.
- A **Mini Mite(8U)** must not be nine (9) years old by the same date. Mini Mites may be six (6), seven (7), and eight (8) years old. The league does not allow five (5) year olds. However, if their sixth (6th) birthday falls on Aug. 1st, they are eligible to play.

Participants must be born on or after:

Mini (8U): August 1, 2009 but NOT before August 1, 2012

Mighty (10U): August 1, 2007

Pee Wee (12U): August 1, 2005

Total

5

ASST COACH: _____

SIGNATURE DATE



For EWFL Use:
Date Received:
Comments:

PLAYER DISCLOSURE FORM

Organization (Township): _____

Division: Mini: ☐ Mighty: ☐ Pee Wee: ☐

Director: _____ Email: _____

Subject Player: _____

The parent must contact you by phone or personally to inform the organization of their choice to transfer to another league organization? Please provide a copy of any written documents.

Please provide a description of the reason behind their decision.

Date: _____

Director: _____

Signature

Please submit this information to the league commissioner by email and copy the director of the program transfer.

Commissioner

Date



EAST WAKE FOOTBALL LEAGUE OFFICIAL VOLUNTEER ROSTER

For EWFL Use:

Date Received:

Approved:

DATE:

BY:

DIRECTOR:

PHONE:

ORGANIZATION:

EMAIL:

[illegible]

Up to 30 Coaches, players, cheerleaders and team moms shall be admitted free to all away games in which they participate.

One designated director for each organization and the EWFL commissioners shall be admitted free to the game.

All Volunteers (Coaches, Directors, Team Moms, Cheer, etc.) that have contact with any program participants shall be listed above and approved before they are allowed to participate in practice or in games.

ROSTER CERTIFICATION

I, as Director, certify that the above volunteers, coaches, directors, and administrators represent all that will participate within our organization on the date listed above and that I (or my designee) personally reviewed each persons background screen and Heads Up certifications (if required) to verify its validity in good faith and in compliance with the East Wake Football League rules under the most current revision.

DIRECTOR:

SIGNATURE

DATE _____

Designation(s):	Coach (Football) Coach (Cheer) Director Team Admin (Mom) School Age
------------------------	---

All football coaches shall have USA Football Certifications

School age volunteers are not required to complete background screens but must be prepared to show School ID.

[illegible]

PROVIDE A COPY OF ALL BACKGROUND REPORTS AND INCLUDE NOTES ON ANY ALERTS
THIS INFORMATION WILL REMAIN CONFIDENTIAL AND FOR LEAGUE BOARD REVIEW ONLY.

[illegible]



Report ID. 522627
Order Date 01/08/2013
Completion Date 09/11/2013
Ordered by Benton Mobley

Report Provided by
Protect Youth Sports
14499 N. Dale Mabry Hwy, Ste 201
Tampa, FL 33618

Report Ordered by
Compliance
123 GreenStreet
Tampa, FL 33618

Applicant Screened

Jonathan Consumer

Date of Birth: 01/01/1970

SSN: XXX-XX-XXXX

RECOMMENDATION: Accept with Conditions

Search ID	Service	Status
1053629	National Combo Search	RECORD

Disclaimer

Subject: **National Combo Search**

This search includes the following:

- SSN Verification and Address History
- National Criminal Database Search
- National Sex Offender Search
- Re-verification of criminal records
- Alias Names



Report ID. 522627
Order Date 01/08/2013
Completion Date 09/11/2013
Ordered by Benton Mobley

Search ID. 1053629 - NATIONAL COMBO SEARCH
RECORD

Name Screened CONSUMER, JONATHAN
Date of Birth 1/1/1970
SSN XXX-XX-XXXX

OFFENDER: CONSUMER, JONATHAN Q

Date of Birth 01/01/1970
Height 6'00"
Weight 185 lb.
Race White
Sex Male
Source CHARLESTON, SC

COUNT 1. Financial Transaction Card Fraud

Case Number GS102000001234
File Date 07/22/2000
Fine \$200.00
County of Offense Charleston
Disposition Guilty
Disposition Date 03/01/2001

Offense Details

Sentence Information 1 year jail with 1 year suspended, 1 year probation

OFFENDER: CONSUMER, JONATHAN

Date of Birth 01/01/1970
Race White
Sex Male
Source CHARLESTON, SC

COUNT 1. Crimes Against Federal Financial Institution

Case Number G102000005678
File Date 11/16/1999
Fine \$500.00

County of Offense	Charleston
Disposition	Guilty
Disposition Date	03/01/2001
<u>Offense Details</u>	
Sentence Information	3 years jail, 3 years probation

OFFENDER: CONSUMER, JONATHAN Q

Date of Birth	01/01/1970
Source	ALACHUA, FL

COUNT 1. Battery: Touch or Strike

Case Number	012010MM001234
File Date	04/06/2010
County of Offense	Alachua
Disposition	No Information Filed
Disposition Date	05/28/2010

OFFENDER: CONSUMER, JONATHAN Q

Date of Birth	01/01/1970
Source	MARION, FL

COUNT 1. Domestic Violence by Strangulation

Case Number	42210CF001234A
File Date	04/07/2010
County of Offense	Marion
Disposition	Dropped/Abandoned
Disposition Date	05/21/2010

OFFENDER: CONSUMER, JONATHAN Q

Date of Birth	01/01/1970
Source	MARION, FL

COUNT 1. Possession of Drug Paraphernalia

Case Number	422009MM001234A
File Date	08/12/2009
County of Offense	Marion
Disposition	Dropped/Abandoned
Disposition Date	10/30/2009

Address History Results**Verification Summary**

Valid	Issued	State Issued	Year Issued	On Death Index	Date of Death
Yes	Yes	Texas	1959-1960	NO	N/A

CONSUMER, JON - Date of Birth 3/21/1941**Addresses on File**

123 Any Street
Tampa, FL 33618
County of Residence: HILLSBOROUGH
Dates Reported: from 6/2000 to 6/2000

CONSUMER, JONATHAN - Date of Birth 3/21/1941**Addresses on File**

123 Any Street
Tampa, FL 33548
County of Residence: HILLSBOROUGH
Dates Reported: from 10/2008 to 9/2012

123 Any Street
Tampa, FL 33548
County of Residence: HILLSBOROUGH
Dates Reported: from 5/2010 to 10/2011

123 Any Street
Lutz, FL 33548
County of Residence: HILLSBOROUGH
Dates Reported: from 12/2006 to 12/2011

CONSUMER, JONATHAN Q - Date of Birth 12/31/1969**Addresses on File**

123 Any Street
Atlanta, GA 33548
County of Residence: HILLSBOROUGH
Dates Reported: from 7/2001 to 7/2001

123 Any Street
Denver, CO 33548
County of Residence: HILLSBOROUGH
Dates Reported: from 12/1991 to 7/2001

123 Any Street
Macon, GA 33548
County of Residence: HILLSBOROUGH
Dates Reported: from 7/2001 to 7/2001

123 Any Street
Miami, FL 33618
County of Residence: HILLSBOROUGH
Dates Reported: from 7/2001 to 7/2001

123 Any Street
Tampa, FL 33618
County of Residence: HILLSBOROUGH
Dates Reported: from 8/2001 to 8/2001

123 Any Street
Los Angeles, CA 33548
County of Residence: HILLSBOROUGH
Dates Reported: from 1/2000 to 1/2000

123 Any Street
Chicago, IL 33548
County of Residence: HILLSBOROUGH
Dates Reported: from 11/2000 to 11/2000

123 Any Street
Lancaster, PA 33548
County of Residence: HILLSBOROUGH
Dates Reported: from 11/2000 to 11/2000



For EWFL Use:
Date Received:
Comments:

GAME OFFICIAL EVALUATION FORM

Name: _____ Team: _____ Phone number: _____

Email: _____ Date: _____ Home Team: _____ Away Team: _____

Head Official: _____ Assistant Officials: _____

Date of game: _____

Rate each criterion below by checking the most appropriate number from 1 (poor) to 10 (excellent).

Criteria	Poor	1	2	3	4	Average	5	6	7	8	Excellent	9	10	N/A
Mechanics														
Positioning	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Anticipation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Communication														
Approachability	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Appearance/Professionalism	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Signals	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Game control														
Poise	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Handling of coaches and spectators	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Maintenance of coaches and spectators	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Maintenance of safe playing environment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Physical fitness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Judgment														
Awareness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Knowledge of rules	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Accuracy of decision	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Consistency	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Comments



VIOLATION REVIEW FORM

Organization (Township): _____

Division: Mini: ☐ Mighty: ☐ Pee Wee: ☐

Director: _____ Email: _____

Game vs.: _____ Date: _____

Alleged Violation:

Interview(s):

Judgement:

Action:

☐ No Action - Dismissed

☐ Warning

☐ Fine

Amount: _____

☐ Suspension

☐ Dismissal

Commissioner

Date

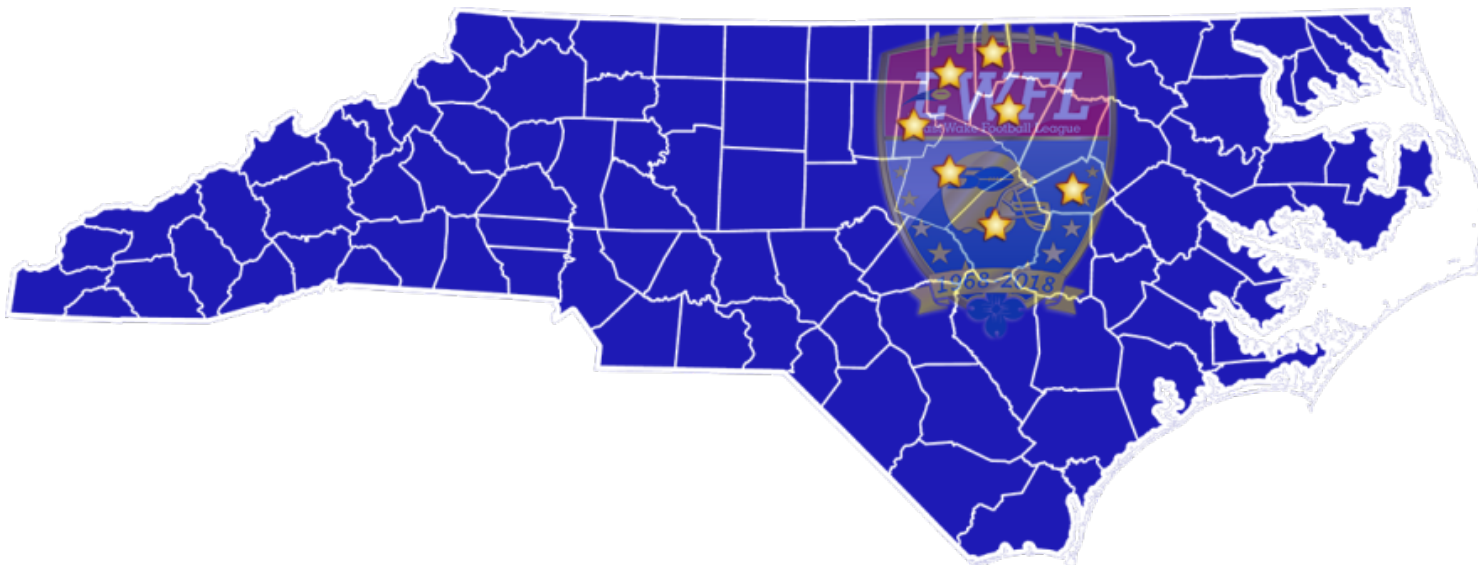


For EWFL Use:
Date Received:
Comments:

RULES REVIEW REQUEST

Proposal No.		Date:			
Rule			For	Against	Abstain
Revision					
Sponsor Organization					
Comments					
Board Approval & Notes					

Proposal No.		Date:			
Rule			For	Against	Abstain
Revision					
Sponsor Organization					
Comments					
Board Approval & Notes					



“WHERE FOOTBALL BEGINS AND A TRADITION CONTINUES”